

LOS FELIZ FLYERS

2009/2010 Annual Membership and Track Dues

Annual Flyer membership dues: \$35

Track Fees: Annual track fee (one payment) \$90 due September 1st.)

Or

Semi-Annual track dues: \$50 (payable Sept. 1 and again March 1)

(\$10 per month for extra months; i.e. join in July and you would owe \$20 for July and August then you would be on regular schedule.)

ALL TRACK USERS MUST PAY THE \$35 ANNUAL DUES

Please fill out the information below and return with dues to a board member or mail to Los Feliz Flyers, c/o Race Ready, PO Box 251065, Glendale, CA 91225-1065

Please make checks payable to: **Los Feliz Flyers.**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email: _____ Birthday: _____

Please mark each the applies:

Are you a Caltech student?

Are you a student somewhere other than Caltech

Do you work at Caltech, JPL, or the Huntington Library?

Are you a member of the Caltech Athletic Center?
(no track card will be issued)

Can we publish your information in a password protected
directory on the Flyer website?

(If you are a Caltech student, work for JPL or Huntington Library you are not counted against our limit of 45 runners on the track)

Please Read Sign and Date on Back

**RELEASE AND WAIVER OF LIABILITY AND
INDEMNITY AND DEFENSE AGREEMENT FOR
LOS FELIZ FLYERS RUNNING AND ADVENTURE CLUB**

I hereby acknowledge and agree that my use of any premises or facilities operated or used by the Los Feliz Flyers Running and Adventure Club ("Flyers"), as well as my use of or participation in services or instruction, or any activity sponsored or conducted by the Flyers involves risks of injury to persons and property, including those described below, and I assume full responsibility for such risks.

In consideration of being permitted to enter any facility operated or used by Flyers or to engage in any activity sponsored or conducted by the Flyers for any purpose including, but not limited to, observation, use of facilities, services, instruction, or participation in any way, I agree to and hereby do release and hold Flyers, its directors, officers, employees, members and agents harmless from all liability to me or my representatives, assigns, heirs, and next of kin for any loss or damage, and waive any claim or demands therefore, on account of injury to my person, or property, including injury leading to my death, whether caused by the active or passive negligence of Flyers or others.

I further agree to indemnify and defend Flyers, on an ongoing, month-to-month basis as costs, including legal fees, are reasonably incurred by Flyers or its directors, officers, employees, members and agents, from or as a result of any loss, liability, damage or cost Flyers or its directors, officers, employees, members and agent may incur due to my presence in, upon or about premises or facilities operated or used by the Flyers or in any way observing or using any facilities, instruction or engaging in any activity sponsored or conducted by the Flyers.

I represent (a) that I am in good physical condition and have no disability, illness, or other condition that could prevent me from exercising without injury or impairment of health, and (b) that I have consulted a physician concerning an exercise program that will not risk injury to me or impair my health. Such risk of injury includes (but is not limited to): injuries arising from use by me or others of the track, race course or running routes used by the Flyers, injuries arising from participation by me or others in supervised or unsupervised activities or programs sponsored or conducted by the Flyers, injuries and medical disorders arising from exercising, such as heart attacks, strokes, heat stress, sprains, broken bones, and torn muscles and ligaments, among others; and accidental injuries occurring anywhere in dressing rooms, showers and other facilities operated or used by the Flyers.

I further expressly agree that the foregoing release, waiver and agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect. I have read this release and waiver of liability and indemnity clause, and agree that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

Signature

Date